

A Time to Prepare.

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self-reliant for three days without utilities and electricity, water service, access to a supermarket or local services, or maybe even without response from police, fire or rescue. Preparing can start with three important steps:

1. Get an [emergency supply kit](#) .
2. Make a [plan](#) for what to do in an emergency.
3. Be informed about emergencies that could happen in your community, and identify sources of information in your community that will be helpful before, during and after an emergency.

Are You Ready? Take an emergency preparedness quiz!

- Quiz for [adults](#)
- Quiz for [kids](#)

Resources for Kids:

- [Ready Kids \(from FEMA\)](#) - Games and activities to teach children about emergency preparedness

Additional Resources:

- [WA State Emergency Management Division](#)
- [WA State Emergency Management Preparedness Guide](#)
- [Ready.gov](#)
- [FEMA \(Federal Emergency Management Agency\)](#)
- [American Red Cross - National Site](#)
- [American Red Cross - Local \(Spokane\) Chapter](#)
- [DisasterAssistance.gov](#)
- [Centers for Disease Control & Prevention \(CDC\)](#)